



Medication Therapy Management

Medication Therapy Management (MTM) Programs are required by the Centers for Medicare and Medicaid Services (CMS) for all Part D Prescription Drug Plans (PDP) and Medicare Advantage (MA) Plans. This program is not considered a benefit. MTM Programs are required by CMS to include enrollees that meet the following requirements:

- Medication expense of over \$3,138 per year
- Multiple chronic diseases
- Multiple medications

Our MTM Program, administered by Medication Management Systems, Inc., allows access to medical professionals that will work with you and your doctor to make sure you are getting the full benefits from the medications you are taking and that you have all your questions answered. Quality Health Plans of New York has developed specific criteria using the general guidelines provided by CMS to enhance the care of our Medicare MTM members. Medicare enrollees will be enrolled to participate if they meet all of the following criteria:

1. The Medicare enrollee must have three (3) chronic medical conditions. The following specific chronic diseases apply:

- Diabetes
- High Cholesterol
- High Blood Pressure
- Chronic Heart Failure (CHF)
- Bone Disease-Arthritis-Osteoporosis
- Mental Health-Depression
- Respiratory Disease-Asthma
- Respiratory Disease-Chronic Obstructive Pulmonary Disease (COPD)

2. The Medicare enrollee must receive a minimum of seven (7) covered Part D medications per month.

3. The Medicare enrollee must have a projected annual drug expense of over \$3,138 per year.

Medicare enrollees eligible for the MTM program will be automatically enrolled. Participation is voluntary and members are given the opportunity to disenroll (opt-out) at any time. If you choose to disenroll (opt-out) from the MTM program, please call Member Services. **Note: This will not disenroll you from your health plan or drug plan.**

To find out information about Medication Management Systems, Inc., please visit their website at <http://www.medsmanagement.com/Patients/patient.html>.

For additional information about the MTM program, please call Member Services: Telephone (Toll Free): 1-877-233-7058 TTY: 711